## ONALASKA YOUTH SOCCER CLUB Rules and Responsibilities for Players, Parents, and Coaches

## Players' Responsibilities & Rules

- 1. Work hard, have fun and give your best effort every time you are on the field for practices or games.
- 2. Wear all required equipment (shin guards, proper shoes & uniforms).
- 3. Pay attention to the coaches when they are speaking and providing instructions on or off the field. Respect the decisions of the referee.
- 4. Be a team player. Players should learn the rules of soccer and play by them at all times. Learn and develop teamwork, discipline and sportsmanship and practice them.
- 5. Be on time for all games and practices. Persistent lateness or absence will result in reduction of playing time.
- 6. Disrespectful behavior to coaches, referees or other players will not be tolerated. The use of indecent or profane language is unacceptable. Use of such language may result in suspension.
- 7. Fighting, horseplay or any physical or verbal abuse will not be tolerated. Penalties may include issuing a red card and ejection from the game. The Board may impose additional penalties up to and including suspension from the league.

## Parents' Responsibilities & Rules

- 1. Be sure that your child attends all practices and games. Coordinate transportation to ensure that the player is prompt when arriving and departing. If unable to attend a game or practice, notify the coach and/or manager of the team. Persistent, unexcused absences and lateness may affect the future inclusion of a player on the game roster.
- 2. Ensure that your child brings all equipment and uniforms to games and practices.
- 3. Support your child's coach and help when you can.
  Disagreements with your coach do not belong on the field. Questions, input and positive suggestions should be voiced to the coach in the absence of players.
- 4. Parents are encouraged to come and watch, but should not shout instructions from the sidelines. This causes confusion. Players should listen for coach's and ref's instructions only.
- 5. Parents and spectators for each team should remain at least six feet behind the sidelines and across the field from players. Parents should not stand behind the goal posts or goal line. Parents should not go on the field before, during, or inbetween games.
- 6. Parents are expected to set a good example for the children at all times by their positive behavior, sportsmanship, attitude and language. Abusive language, behavior or physical assault may result in immediate suspension from the soccer program.
- 7. Parents are expected to demonstrate respect for the referees.

## Coaches' Responsibilities & Rules

- 1. Coaches are expected to demonstrate good sportsmanship and treat players fairly.
- 2. Organize practices to train soccer fundamentals appropriate to the age group.
- 3. Provide a safe environment, ensure player safety and ensure that an authorized adult picks up every child.
- 4. Allow each player to play at least one-half of each recreational game.
- 5. Ensure that players and no more than two coaches are on one side of the field, with parents and spectators situated on the opposite side. Coaches should not go beyond their half line, nor should they go on the field or stand behind the goal line.
- 6. Know the rules, respect the referees and act in a controlled manner on the field.
- 7. Disrespectful behavior to players, coaches, spectators or referees will not be tolerated and may result in a red card. The Board may impose additional penalties up to and including suspension from the league.